

Clear and Calm Infusion Consent Form

Introduction

The Clear and Calm Infusion is designed to provide targeted relief from sinus congestion, itching, and allergy symptoms. This infusion combines key nutrients and medications to help reduce inflammation, alleviate discomfort, and support your body's natural defenses against allergens.

Recommended Uses

- Sinusitis
- Urticaria (itching)
- Allergies

How to Prepare for Your Infusion

1. Dietary Preparation

- Do not fast before your infusion. Eat a high protein and/or high fat snack or meal before your infusion.

2. Laboratory Tests

- Laboratory tests are recommended for ongoing care. If you have recent lab results, please bring them with you.
- If you are interested in new laboratory tests, please mention this during your consult or prior to your visit.
- **Note that insurance coverage for lab work is not guaranteed, and you may be responsible for the cost.**

3. Transportation:

- Arrange for transportation if you will be receiving Benadryl/diphenhydramine as part of your infusion.

Contraindications and Precautions

- **Allergies:** Please let staff know if you are allergic to any components of the infusion or have had a reaction in the past.
- **Magnesium:** Do not receive this infusion if you have Myasthenia Gravis, Myxedema, or Cerebral Hemorrhage.
- **Hypokalemia:** If you have low potassium levels, it is advised to replace potassium orally before the infusion. Common causes of hypokalemia are vomiting/diarrhea, diuretics, glucocorticoids, and malnourishment.
- **Surgery:** Avoid Ascorbic Acid within one week of planned surgery.
- **Fluid overload:** Inform the staff if you have a history of heart failure or other conditions that might be exacerbated by fluid overload.
- **Current UTI:** If you have a UTI, it is recommended to wait a day or two after starting antibiotics before receiving this infusion.

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What to Expect (Upon Arrival and During the Infusion)

Vital Signs Monitoring

- Your vital signs will be checked before and after the infusion to ensure your safety and monitor any changes.

Side Effects

- Possible side effects include mild discomfort at the injection site, mild nausea, or temporary feeling of weakness.
- Monitor your IV site for signs and symptoms of infection, such as increasing redness, warmth, or purulent discharge. Expect your bandage to have clear blood-tinged fluid on the day of your infusion, but it should be mostly healed by the following day.
- Driver: If you will be receiving Benadryl (diphenhydramine) as part of your infusion, please arrange for a driver as it may cause drowsiness.

Disclaimer

The recommended uses and potential benefits of these protocols are based on current research and clinical experience. However, these statements have not been evaluated by the Food and Drug Administration (FDA). The protocols described are not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary, and it is important to consult with your healthcare provider before starting any new treatment, especially if you have existing health conditions or are taking other medications. The information provided is for educational purposes only and should not be construed as medical advice.

Acknowledgment

By signing below, you acknowledge that you have read and understood the preparation instructions for the Clear and Calm infusion and agree to follow the guidelines provided.

Name: _____

Date: _____

Signature: _____

Please bring this signed form with you to your appointment. If you have any questions or concerns, feel free to contact our clinic before your scheduled infusion.

Thank you for your cooperation.