

Glow and Grow Consent Form

Introduction

The Glow and Grow: Hair, Skin & Nails infusion provides essential nutrients to support the health and appearance of your hair, skin, and nails. This infusion can be beneficial for those experiencing thinning hair, hair loss, or brittle nails.

Recommended Uses

- Thinning hair or hair loss
- Thin, splitting, peeling nails

How to Prepare for Your Infusion

1. Dietary Preparation
 - Eat a light snack before your infusion to ensure comfort during the procedure.
 - Drink plenty of water before your appointment to stay well-hydrated.
2. Medication and Supplements
 - Continue your regular medications unless otherwise instructed by your healthcare provider.
 - Inform the staff if you are taking any biotin supplements as they can interfere with certain lab tests.

Contraindications

- Allergies: Please let staff know if you are allergic to any components of the infusion or have had a reaction in the past.
- Sulfa Allergy: Patients with may feel worse temporarily after administration of glutathione. Dosage can be adjusted based on your feedback.
- Surgery: Avoid Ascorbic Acid within one week of planned surgery.
- Congestive Heart Failure: If you have congestive heart failure (CHF) or are prone to edema, inform the staff, especially if hydration is included in your treatment.

What to Expect (Upon Arrival and During the Infusion)

1. Vital Signs Monitoring: Your vital signs will be checked before and after the infusion to ensure safety.

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Side Effects and Precautions

- Do not schedule any lab tests, especially thyroid labs, within two weeks after your infusion due to potential biotin interference with lab testing techniques.
- Possible side effects include mild discomfort at the injection site, mild nausea, or temporary feeling of weakness.
- Monitor your IV site for signs and symptoms of infection, such as increasing redness, warmth, or purulent discharge. Expect your bandage to have clear blood-tinged fluid on the day of your infusion, but it should be mostly healed by the following day.

Disclaimer

The recommended uses and potential benefits of these protocols are based on current research and clinical experience. However, these statements have not been evaluated by the Food and Drug Administration (FDA). The protocols described are not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary, and it is important to consult with your healthcare provider before starting any new treatment, especially if you have existing health conditions or are taking other medications. The information provided is for educational purposes only and should not be construed as medical advice.

Acknowledgement

By signing below, you acknowledge that you have read and understood the preparation instructions for Glow and Grow: Hair, Skin & Nails infusions and agree to follow the guidelines provided.

Name: _____

Date: _____

Signature: _____

Please bring this signed form with you to your appointment. If you have any questions or concerns, feel free to contact our clinic before your scheduled infusion.

Thank you for your cooperation.