

# Glutathione Consent Form

## Introduction

Glutathione infusions provide a powerful antioxidant boost, aiding in the reduction of oxidative stress, supporting recovery, and promoting overall health. These infusions are beneficial for various conditions and during periods of high physical or emotional stress.

## Recommended Uses

- Elevated Oxidative Stress Markers
- Low Glutathione Levels
- Parkinson's Disease
- Surgical Recovery
- Injury Healing
- Enhancing Skin Glow
- Periods of High Physical or Emotional Stress
- Radiation or Chemotherapy Recovery
- Conditions involving oxidative stress, such as macular degeneration

## How to Prepare for Your Infusion

### 1. Dietary Preparation

- Eat a light snack before your infusion to ensure comfort during the procedure.
- Drink plenty of water before your appointment to stay well-hydrated.

### 2. Medication and Supplements

- Continue your regular medications unless otherwise instructed by your healthcare provider.
- Inform the staff if you are taking any supplements or medications that might interact with the infusion components.

### 3. Laboratory Tests

- Laboratory tests are recommended for ongoing care. If you have recent lab results, please bring them with you.
- If you are interested in new laboratory tests, please mention this during your consult or prior to your visit.
- **Note that insurance coverage for lab work is not guaranteed, and you may be responsible for the cost.**

## Contraindications and Precautions

- Allergies: Please let staff know if you are allergic to any components of the injection or have had a reaction in the past.
- Sulfa Allergy: If you have a sulfa allergy, you may feel worse temporarily after administration of glutathione. Dosage can be adjusted based on your feedback.
- Fluid overload: Inform the staff if you have a history of heart failure or other conditions that might be exacerbated by fluid overload.

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## What to Expect on Arrival and During the Infusion

### 1. Vital Signs Monitoring

- Your vital signs will be checked before and after the infusion to ensure your safety and monitor any changes.

## Side Effects and Precautions

- Possible side effects include mild discomfort at the injection site, mild nausea, or a temporary feeling of weakness.
- Monitor your IV site for signs and symptoms of infection, such as increasing redness, warmth, or purulent discharge. Expect your bandage to have clear blood-tinged fluid on the day of your infusion, but it should be mostly healed by the following day.

## Disclaimer

The recommended uses and potential benefits of these protocols are based on current research and clinical experience. However, these statements have not been evaluated by the Food and Drug Administration (FDA). The protocols described are not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary, and it is important to consult with your healthcare provider before starting any new treatment, especially if you have existing health conditions or are taking other medications. The information provided is for educational purposes only and should not be construed as medical advice.

## Acknowledgement

By signing below, you acknowledge that you have read and understood the preparation instructions for the Glutathione infusion and agree to follow the guidelines provided.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please bring this signed form with you to your appointment. If you have any questions or concerns, feel free to contact our clinic before your scheduled infusion.

Thank you for your cooperation.